

About The Author



Karen Bragg-Matthews is a professionally trained coach specializing in career development. She draws on over 20 years of work experience in human resources and corporate training. She has developed and facilitated training programs across the U.S. and Canada.

Karen has leveraged her keen knowledge of people to help them make real and lasting career choices and to look at new possibilities. She brings true clarity and unconditional support to her clients.

Contact Karen Bragg-Matthews Life & Career Coach

Contact me for a complementary consultation or to be added to this e-Newsletter

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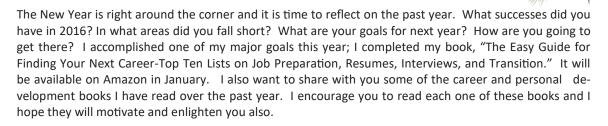
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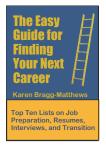
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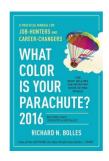


As a Life and Career Coach, I can help you explore new ideas while holding you accountable for achieving your goals. You want to be successful and you want to accelerate achieving your goals. The only way to get different results is to do things differently. We all have good intentions but, it's not easy to change old habits and move in a different direction. Contact me; I can help you achieve your goals.

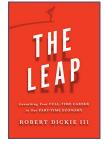


The Easy Guide for Finding Your Next Career: Top Ten Lists on Job Preparation, Resumes, Interviews, and Transition

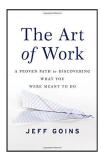
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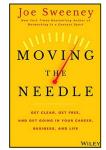
What Color is Your Parachute? 2016: A Practical Manual for Job-Hunters and Career Changers By Richard Bolles



The Leap: Launching Your Full –Time Career in Our Part-Time Economy
By Robert Dickie III

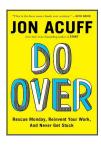


The Art of Work: A Proven Path to Discovering What You Were Meant to Do
By Jeff Goins

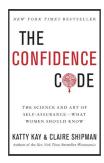


Moving the Needle: Get Clear, Get Free and Get Going in Your Career, Business and Life!

By Joe Sweeney



Do Over: Rescue Monday, Reinvent Your Work and Never Get Stuck By Jon Acuff



The Confidence Code: The Science and Art of Self-Assurance – What Women Should Know By Katty Kay and Claire Shipman



Love Your Job: The New Rules for Career Happiness By Kerry Hannon