



**The Road to a  
Brighter Future**

# KBM Career Concepts e-Newsletter

## Top 10 Recommended Personal Development Books

By Karen Bragg-Matthews



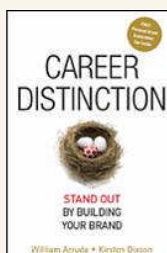
A New Year is right around the corner and it is time to reflect on the past year. What successes did you have in 2010? In what areas did you fall short? What are your goals for next year? How are you going to get there? I want to share with you my favorite personal development books. These are the books I reference and reread on a regular basis. Each of these books makes me think, enables me to look at things differently and moves me forward each time I read them. I encourage you to read each one of these books and I hope they will motivate and enlighten you also.

A life and career coach will help you explore new ideas and look inside yourself while holding you accountable for achieving your goals. You want to be successful and you want to accelerate achieving your goals. The only way to get different results is to do things differently. We all have good intentions but, it's not easy to change old habits and move in a different direction. Contact me, I can help you achieve your goals.

## Top 10 Recommended Personal Development Books (Alphabetical order)

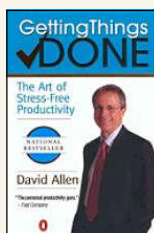
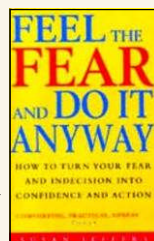


**Awaken the Giant Within**  
by *Tony Robbins*  
How to Take Immediate Control of Your Mental, Emotional, Physical & Financial Destiny



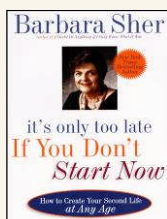
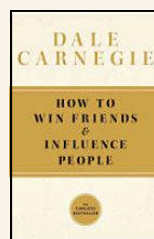
**Career Distinction**  
by *William Arruda and Kirsten Dixon*  
Stand out by Building Your Brand

**Feel The Fear...and Do It Anyway**  
by *Susan Jeffers, Ph.D.*  
Dynamic techniques for turning fear, indecision, and anger into power, action and love



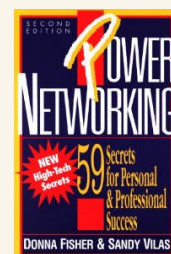
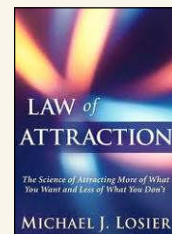
**Getting Things Done**  
by *David Allen*  
The Art of Stress Free Productivity

**How to Win Friends and Influence People**  
by *Dale Carnegie*



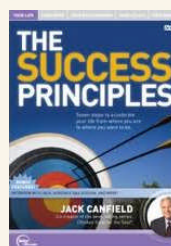
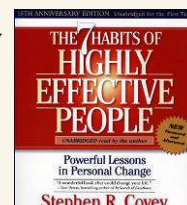
**It's Only Too Late If you Don't Start Now**  
by *Barbara Shea*  
How to Create Your Second Life at Any Age

**Law of Attraction**  
by *Michael J. Losier*  
The Science of Attracting More of What You Want and Less of What You Don't



**Power Networking**  
by *Donna Fisher and Sandy Vilas*  
59 Secrets for Personal and Professional Success

**The 7 Habits of Highly Effective People**  
by *Steven Covey*  
Powerful Lessons in Personal Change



**The Success Principles**  
by *Jack Canfield*  
How to Get from Where You Are To Where You Want to Be

**Contact Karen Bragg-Matthews Life & Career Coach**

Contact me for a complementary consultation or to be added to this e-Newsletter ♦ Forward this e-Newsletter to a friend

Phone: 972-837-3552 ♦ Email: [kbm.coach@hotmail.com](mailto:kbm.coach@hotmail.com) ♦ Visit me at [www.KbmCareerConcepts.com](http://www.KbmCareerConcepts.com)